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# ¡Se hace famoso por demostrar en imágenes lo difícil que es ser padre de 4 hijas!

Simon Hooper es padre de 4 hijas y decidió crear una cuenta de Instagram que rompiera con los estereotipos de la gran perfección que supone tener hijos. Cansado de ver fotos idílicas de padres con sus hijas el resultado de su cuenta de Instagram no ha tardado en convertirse en viral.

Ya ha conseguido más de 320.000 seguidores y no para de aumentarlos, y es que es tan bonita y realista la manera de reflejar su vida al lado de sus hijas que todo el mundo se ha enamorado de él.

A continuación os enseñamos algunas de las imágenes compartidas en su Instagram:

Well that was fun. @mother\_of\_daughters is away with the eldest 2 so I have the twins. Delilah was up & down last night more than a yoyo who'd necked a crate of redbull. As a dad, I usually have inbuilt noise cancelling and can sleep through an thrash metal gig but last night was something else. The neighbours must have thought I was skinning cats with a wooden spoon at 3.30am - the noise was endless - the kind of noise that cuts through you & drains you of any memory of who you are or what you're doing until your brain dribbles out you ear. They seem to have forgotten the whole experience and moved on. I'll just scoop up my eye bags so they don't drag on the floor. To top it all, the car is broken so I can't get to my brother's birthday. A shocker of a day so far. #brainonthefloor #alongwiththeeyebags #brokencar #twins #comehomeplease #parenting #fatherofdaughter #dadlife #instadad

A photo posted by Simon (@father\_of\_daughters) on Nov 20, 2016 at 3:42am PST

The twins now get everywhere at the speed of light and with the silence of a assassin who got an A\* in being quiet and sneaky. I took my eye off them for 1 minute and before i knew it they were doing bare handed maintenance on my bike chain. If there's one thing @mother\_of\_daughters



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hates, its oil, and the twins were covered in it. As was the floor. And the wall and the glass doors. The torrent of language that came out mouth turned the air blue. Guess that's the last time I'm allowed to keep my bike inside. I'll be relegated to the shed with my bike tonight (after bathing the twins in swarfega). Tarpaulin Duvet anyone? #oilalwaysgetsmeintrouble #alot #ninjatwins #ifeeladivorcecomingon #twins #swarfegasavestheday #shedbound #fatherofdaughters #dadlife #instadad

A photo posted by Simon (@father\_of\_daughters) on Nov 17, 2016 at 1:04pm PST

Teething is now in full effect and the girls want us to know all about it. An email would have sufficed but it seems they'd rather use their voices to get the message across that they really aren't enjoying this stage of development. It's not straight screaming, it's more like the sound a wounded animal might make that just wants to end it all. I can't blame them though, it's like a mini scene from 'Alien' in there at the moment, just in very very slow motion (and of course teeth don't then go on to kill you and the crew of your ship so a few subtle differences but essentially the same). #canyoubulkbuybonjela #teethinglikealien #twins #thisisntfunforanyone #doubleteethingisnotdoublethefun #fatherofdaughters #instadad #dadlife #daddydentist

A photo posted by Simon (@father\_of\_daughters) on Sep 21, 2016 at 1:06pm PDT

Cooking with the family is important so that they get an early interest in what healthy eating is all about. But when you add two 10 month work experience kitchen hands to the mix who have minimum training and hygiene standards that would get a greasy kebab placed closed down, Jamie Olivers 15 minutes meals turn into Simon Hooper's 90 minute botch jobs. In the end you just chuck it all in and hope for the best. The likelihood is that it will get rejected by the discerning clientele anyway. Might as well just short cut the whole process and chuck the raw food directly into the bin. #masterchefaint #sausageandchipsitis #worstworkexperienceever #ottieatearawgarlicwhole #whydowebother #fatherofdaughters #dadlife #instadad

A photo posted by Simon (@father\_of\_daughters) on Nov 14, 2016 at 1:32pm PST



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Should I get offended that when I'm in charge of dressing the girls, instead of being given free rein to 'get creative' and use my couture fashion eye to create a 'wow' outfit that will catch the eye and imagination, I walk into their room and find that all the clothes are laid out already. Granted I have a tendency to dress them as boys, and will invariably forget the importance of layers, and that spots and strips clash, and that socks are essential, and that a baby grow doesn't count as day wear, and that I dress them the same, i cant tell them apart for the rest if the day, but surely if you give me a chance, the law of averages will mean I'll get it right one day! #addressing #twins #dontdressthemthesame #theylovechewingshoes #icandressachild #badly #fatherofdaughters #dadlife #instadad

A photo posted by Simon (@father\_of\_daughters) on Nov 3, 2016 at 2:18pm PDT

Clemmie gave me a pretty simple job this evening - "go pack the baby bag" (we're going away for a night). A plan developed in my head (why can't I take anything seriously?!) I called her in - "well you said pack the baby bag!!", expecting a laugh. She didn't. I then suggested cutting holes in the bottom for their legs to hang out like those dog carriers but @mother\_of\_daughters was already less than pleased that i'd used her prized leather @kerikitbags for lols, so with my tail between my legs, I repacked. A shed load of nappies, baby crack (milk powder), toys they won't play with & a monitor - There was still enough room for half my family in there! #bottomlessbabybag #mobiletwins #howmuchstuffdobabiesneed #fatherofdaughters #dadlife #instadad

A photo posted by Simon (@father\_of\_daughters) on Oct 28, 2016 at 12:09pm PDT